

Did you know . . .

Humility & Grace

The Bible describes humility as meekness, lowliness and absence of self. The Greek word that, in Colossians 3:12 and elsewhere is translated as “humility” means “lowliness of mind.”

Jesus is our model for humility, as He did not come to be served, but to serve. In His humility, He was always obedient to the Father. Paul is another example of humility as, in spite of all the great gifts and understanding he received, he saw himself as the “least of the apostles”, the “chief of sinners.” [1Timothy 1:15; 1 Corinthians 15:9] Paul was always careful to make sure that God was glorified in his life. [Philippians 3:6] He knew that no matter how many “heroic” things he did, it was only by the grace of the Lord that he could stand before God freed from guilt and condemnation. Only grace could secure his humility.

St. Augustine says, similarly, “Do you wish to construct a tall and lofty building? Think first about the foundation of humility. The higher your structure is to be, the deeper you must dig the foundation.” Both Augustine and Paul assure us that we owe everything to God’s grace in Jesus Christ. Additionally, Venerable Bede says, “Whatever good we see in ourselves, let us ascribe it to God and not to ourselves.”

“In all things give thanks.” [1 Thessalonians 5:18] But for our thanksgiving to be an act of humility, it must come from more than our mouth...it must come from our heart, with a firm conviction that all good comes from the infinite mercy of God.

In an image seen online:

“Grace is when God gives us good things that we don’t deserve. Mercy is when He spares us from bad things we deserve. Blessings are when He is generous with both. Truly, we can never run out of reasons to thank Him.

God is Good all the Time”

Thank you, Lord, for your grace. Everything I am and have and do flows from your goodness

Judy Pearson

